

## **Rachel Frost FBPsS CSci CPsych Work and Organisational Psychologist**

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### **Summary:**

Rachel Frost is a highly experienced occupational/work psychologist with over thirty years of expertise in advising organisations on effective psychometric testing and other selection methods. She also advises on employment potential in cases of divorce, workplace stigma, bullying, injury and other situations where career prospects and potential or loss of earnings are under question.

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### **Expertise:**

- Organisation's use of psychometric tests
  - Selection methods for recruitment
  - Employment potential assessments for divorce and injury claims
  - Expert witness in legal disputes involving selection methods
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### **Key Assignments:**

- Ensured selection methods balance legal obligations with the aim of recruiting the most capable individuals.
  - Advised on employment potential in cases of divorce, workplace bullying, or injury.
  - Reviewed and recommended selection practices for eleven overseas governments.
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### **Professional Contributions:**

- Member of the British Psychological Society's panel for verifying new psychometric tests.
  - Provided accredited training for nearly thirty years to HR practitioners and psychologists on psychometric testing, re-verified every five years.
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### **Professional Involvement:**

- Advises central government departments on recruitment methods.
  - Undertakes bespoke assignments and committee roles, including expert witness work.
  - Works one-on-one with individuals for personal development.
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### **Qualifications and Memberships:**

- Fellow of the British Psychological Society (FBPsS)
- Chartered Psychologist (CPsychol)
- Chartered Scientist (CSci)
- BA (Hons) Psychology
- MSc Occupational Psychology
- Diploma in Performance Coaching
- Certificate in Coaching Supervision
- Registered Psychologist with Health Care Professions Council (HCPC)

- Associate Fellow International Society for Coaching Psychologists (AFISCP)
- Fellow Association for Coaching (FAC)
- Specialist Certification in Occupational Testing
- Licensed in sixteen personality questionnaires
- Cardiff University Law School Bond Solon Expert Witness Certificate